# Menu 3 steps $65 €$ STROLL IN THE LOIRE VALLEY 

## To start

Brittany sardines and Sologne caviar
Flame-grilled | caviar de Sologne | sardine rillettes with sorrel | puffed potatoes | potato espuma with Katsubochi
Or
Bluefin tuna "Vitello tonnato" style
Snacké | black garlic marinated veal | green bean salad | lemon ginger gel | "Vitello tonnato" creamy sauce

Next
Fish of the moment
Smoked and caramelised aubergine purée | prawn gyoza | courgette declination | cotriade infused with Touraine saffron
Or
Local Guinea fowl
Slowly cooked | variations of corn, grilled, in polenta and baby corn| guinea fowl jus with verbena

## Maybe

Trolley of cheeses from here and around France (supp 18€)
To finish
Choice of dessert from our dessert menu

Find the list of allergens present in our dishes via the QR Code at the end of our menus or directly at reception. Please let us know your intolerances and allergies, so that we can make you a suitable proposal.

# Menu 4 steps TRIP TO LOIRE VALLEY 

## To start

Heirloom tomato variety
Crispy tartlet | cherry tomato pickles | herbal coulis | Bloody Mary sorbet

## Then

Brittany lobster
Sweet potato | jalapeno | crispy pig's trotter | lobster sabayon with Cajun spices
Next
Fish of the moment
Cocos de Paimpol with seaweed | baby spinach with ginger | cockles | miso condiment | shellfish jus with Ribot milk
Or
Lamb and Courgette Flower from Ouchamps
Slow-cooked rack of lamb | Cannelloni of fine ratatouille | stuffed zucchini flower | Kalamata olive jus

## Maybe

Trolley of cheeses from here and around France (supp 18€)
To finish
Choice of dessert from our dessert menu

Find the list of allergens present in our dishes via the QR Code at the end of our menus or directly at reception. Please let us know your intolerances and allergies, so that we can make you a suitable proposal.

# Grand Menu <br> <br> the auberge La caillere tasting menu 

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To start<br>Heirloom tomato variety<br>Crispy tartlet | cherry tomato pickles | herbal coulis | Bloody Mary sorbet

## Then

Brittany lobster
Sweet potato | jalapeno | crispy pig's trotter | lobster sabayon with Cajun spices

## To continue

## Fish of the moment

Cocos de Paimpol with seaweed | baby spinach with ginger | cockles | miso condiment | shellfish jus with Ribot milk

## Next

Roasted veal sweetbreads with green aniseed
Roasts with semi-salted butter | cannelloni of fine ratatouille | stuffed zucchini flower |jus with Kalamata olives

## Maybe

Trolley of cheeses from here and around France (supp 18 €)

## To finish

Choice of dessert from our dessert menu
Find the list of allergens present in our dishes via the QR Code at the end of our menus or directly at reception. Please let us know your intolerances and allergies, so that we can make you a suitable proposal.

## Desserts

## Local blueberries

# Baked in a Muscovado black sugar tartlet | light "Cheesecake" mousse \& Sologne blueberry confit | lime basil sorbet 

## Or

Strawberry Gariguette and Hibiscus
French Empress Rice | sablé Breton | strawberry and cottage cheese sorbet
Or

Chocolate, coffee and Koronima
Declined chocolates | crunchy and Kororima | coffee sorbet

